Improving Food Security for Youth in Community-Based Settings

U.S. Department of Agriculture Food and Nutrition Service

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Today's Presentation

- CACFP Overview
- SFSP Overview
- Streamlining Programs
- Federal Partnerships
- USDA Resources
- What's New
- Questions







U CHILD & ADULT CARE FOOD PROGRAM





What is the CACFP?

Federally funded, State-administered program that provides aid to:

- Child care centers/Preschools/Head Start Programs
- Family day care homes
- At-risk afterschool care centers*
- Adult day care centers
- Emergency shelters*
- Outside school hours care centers/programs*

Meals and snacks must meet nutrition standards to be reimbursable

- Congregate, supervised meal services
- Year-round (except afterschool care centers), nonresidential (except shelters)
- No cash benefits for households





CACFP: Key Players

States	 Sign agreements with sponsors Provide training and technical assistance to sponsors Monitor performance and distribute funding
Institution	 A sponsoring organization, or independent center (e.g., At-risk, OSHCC) Handle administration, finances, and training for sites Report to the state Get reimbursed for meals served at sites
Child care facilities	 Meal service location Feed and supervise children Provide activities





CACFP At-Risk: Key Facts

- Organized primarily to care for children after school or on weekends, holidays, or school vacations
- Sponsored by local governments or non-profits
- Serves children **up to age 18** and persons with disabilities of any age
- Eligibility limited to low-income school areas
 - >50% eligible for free or reduced-price meals
- Sponsors must provide educational or enrichment activities for participating children







CACFP Outside School Hours Care Centers (OSHCCs)

- Organized primarily to care for children before and/or after school
- Operates during the **school year only**
- Serves children 12 years and under, children of migrant workers 15 years and under, persons with disabilities of any age













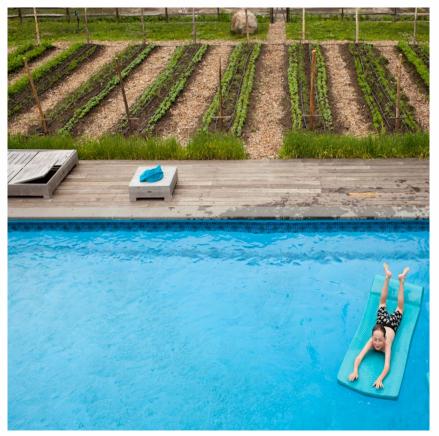
Summer Food Service Program

Serves meals:

- When school is out for the summer
- When schools close for emergencies
- On-site, in area eligible community settings

And...

 All meals and snacks are provided free to children (18 and younger)







SFSP Key Players

States	 Sign agreements with sponsors Provide training and technical assistance to sponsors Monitor performance and distribute funding
Sponsors	 Handle administration, finances, and training for sites Report to the State Get reimbursed for meals served at sites
Sites	 Meal Service Location Feed and supervise children Provide activities





Mobile Feeding Options

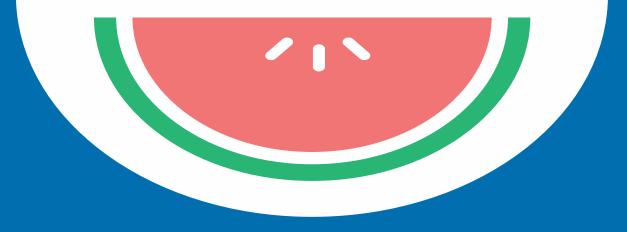


Mobile County's Super Food Express bus travels from nine to 12 schools to ensure their children are fed healthy meals when school is out of session. Sponsors have the flexibility to serve children where they are if they do not have access to traditional sites.

Sponsors can deliver meals to an area using a route with a series of stops at approved sites in the community.







Encouraging Partnerships





Benefits of Year-round Service

SFSP + CACFP At-risk = Year Round Service!

Organizational Benefits:

- Can hire **year-round staff**
- Additional financial stability
- Becomes a **stable** source of services

Community Benefits:

- Low-income children have greater access to meals throughout the year
- Brings more Federal funds into the local economy







Federal Partnerships

U.S. Department of Health and Human Services:

- Administration for Children and Families
 - Office of Head Start

Early Childhood Federal Partners Workgroup

 Programs for Children under the age of 5

U.S. Department of Housing and Urban Development:

• Office of Public and Indian Housing







Federal Partnerships

So, what can you do to get involved?

Ideas to consider:

- Seek out opportunities for collaboration
 - Educate participants of your programs about ours (and vice versa)
 - Highlight Child Nutrition Programs in grant applications and supplemental materials

- When developing regulations and policy, be sure to consider:
 - Potential overlap with other agencies, such as shared goals or strategies





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USDA Resources





In 2019, the SFSP provided more than 141 million nutritious meals and snacks to children during the summer when school was not in session.

Ensuring Children have Access to Nutritious Meals and Snacks When School is not in Session

The Summer Food Service Program (SFSP) is a federally-funded, stateadministered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas.

Program Fact Sheet



https://www.fns.usda.gov/sfsp/summer-food-service-program







USDA CACFP Webpage



Each day, more than 4.2 million children and 138,000 adults receive nutritious meals and snacks through the Child and Adult Care Food Program.

PROGRAMS > CHILD AND ADULT CARE FOOD PROGRAM

Ensuring Children and Adults Have Access to Nutritious Meals and Snacks

The Child and Adult Care Food Program (CACFP) is a federal program that provides reimbursements for nutritious meals and snacks to eligible children and adults who are enrolled for care at participating child care centers, day care homes, and adult day care centers. CACFP also provides reimbursements for meals served to children and youth participating in afterschool care programs, children residing in emergency shelters, and adults over the age of 60 or living with a disability and enrolled in day care facilities. CACFP contributes to the wellness, healthy growth, and development of young children and adults in the United States.



HOW TO PARTICIPATE IN THE AT-RISK AFTERS MEALS COMPON OF CACFP

The U.S. Department of Agriculture's (USDA), Child and Adult C Afterschool Meals Component provides funding to afterschoo snacks to children and teens in low-income areas. There are can be a part of the At-Risk Atterschool Meals component of

What is the At-Risk Afterschool Meals component of CACFP (CACFP At-Risk)?

Component of LAKEY feeders are were CAREY is a federally funded. Salar-administered centers and homes that serve healthy meaks and care centers and homes that serve healthy meaks and care CAREF healthy meaks and snacks can be served to chain and tengers who participate in after-chaol programs low income areas. To participate in after-chaol programs to organized primarily to provide care for children after school or on the weekends, holdings, or breaks drive at chedued activities. (b) include educational or enrice activities, like arts and crafts, compared isonal or homerearch key, and (c) be located in an eligible of the regular school year: (2) provide care in an eligible of the regular school year.)

Who Does CACFP At-Risk Serve? The Program serves children and teenager 18 or under at the start of the school year.

<u>USDA</u>

AT-RISK AFTERSCHOOL MEALS GUIDE

https://www.fns.usda.gov/cacfp







What's New in Child Nutrition & the Supplemental Nutrition Assistance Program (SNAP)

Pending Changes and Impact of Recent Legislation





SNAP Updates

Benefit Changes

Thrifty Food Plan Reevaluation

- Maximum allotments increased by 21%,
- The SNAP **minimum benefit** increased \$3 per month—to \$20/month

Emergency Allotments

- Ended March 2023 ahead of the PHE
- Reduction of \$95 or more for all SNAP households

Public Health Emergency

- PHE ends May 11, 2023
- Pandemic era flexibilities and waivers will also end





https://www.fns.usda.gov/snap/changes-2023-benefit-amounts



New & Improved in Child Nutrition

Upcoming Rulemaking:

- Non-congregate Meal Service Option in Rural Areas
- Permanent Summer Electronic Benefits Transfer for Children Program (coming Summer 2024!)
- Revisions to Meal Patterns Consistent with the 2020 Dietary Guidelines for Americans (DGAs)
- Community Eligibility Provision Increasing Options for Schools





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